



U3A Bulletin

6th April 2020

How are you coping in these extraordinary times?

As you are aware, we have closed down classes and the office.

Our class leaders are meeting soon to find some innovative ways to keep in touch with you and let you know what's going on.

I hope to send out a Bulletin to you all once a fortnight (but please don't hold me to that) just to keep in touch and let you know what's going on.

During this unprecedented situation please make sure you are getting your information about Covid-19 and government restrictions from a reliable source. Go to:

<https://www.dhhs.vic.gov.au/coronavirus>

Please keep in touch with other members if you can, by phone, email or text, maybe Skype or Zoom.

If you have concerns about the welfare of any member, please contact a committee member and we will try to help.

Stay safe and stay well, make sure you adhere to the social distancing rules and look after each other (at a distance!)

Eastern Regional Library - You can still place holds on all your favourite items in the catalogue and pick them up from a contact-less collection point located outside each branch. Or give them a ring. And don't forget they also have many e-books and audio books to download. Check out their website to see all the wonderful resources they have online.

For genealogists the library has given free access to Ancestry online.

<https://www.yourlibrary.com.au/updates/>

I would love to hear from you.

Funny stories, acts of kindness, travel stories, how you keep yourself occupied, a photo.....I'll start...

"Andrew (hubby) and I picked up a new caravan a couple of weeks ago. Great timing eh?"

We were to wind up our plumbing business and do a couple of shakedown trips this year before we hit the road next year for an extended trip.

So, it sits in the backyard with us looking on forlornly. We will definitely camp out in it soon and figure out how every works and when the time comes, we will eagerly and **competently** hit the road"

Your turn.....

Send to publicity@u3ayarraranges.com.au or

SMS to 0408 513 241



The annual migration of Victorians north to the warmth will obviously not be happening this year. How are you going to bring a little sunshine into your life during the upcoming cold weather?



Government has recommended people over 70 isolate in their homes. If you need groceries delivered have a look at Woolworth's and Coles online where can apply for delivery.

<https://www.woolworths.com.au/shop/discover/priority-assistance>

<https://shop.coles.com.au/a/hastings/content/priority-service-information?cid=wsm>

Many organisations here in Victoria, interstate and overseas are providing an online alternative to physically being there.

Zoos Victoria are live streaming from a number of their enclosures ... there's even a zoo keeper who occasionally provides some entertainment for viewers!!!

<https://www.zoo.org.au/animal-house/>

MSO (Melbourne Symphony Orchestra) are live streaming concerts at: <https://www.mso.com.au/>

Melbourne Museum also has virtual tours.

Go to: <https://museums victoria.com.au/melbournemuseum/at-home/>

<https://www.yourlifechoices.com.au> provides daily information about a range of topics plus some quizzes and puzzles.

<https://www.weekendnotes.com/melbourne/> although usually providing sights and activities around Melbourne they are now offering information about online resources and businesses that have an online presence.

For theatre lovers <http://www.mtc.com.au> takes you on a Virtual Tour of MTC Headquarters and they also have recommendations under the headings of Watch, Listen, Dance, Write, Read, Create and Breathe.

Do you know of other great sites that are offering these online experiences?



GUIDED TOUR DETAILED ITINERARY FOR TOMORROW'S EXCURSION PROGRAMME

- 08.30 Departure from the Bathroom.
- Arrival at the Kitchen where sumptuous breakfast is served.
- After breakfast we will visit the Bedrooms and explore the bedsheets and curtain fabrics.
- Then we will have a cleaning workshop where proper guidance and training will be imparted in how to wash the clothes and utensils.
- Added attraction - Sweeping n Mopping will also be allowed AT NO EXTRA COST.
- At 1.00pm, there is a Lunch in the Kitchen.
- At 2.30 pm, a siesta on the sofa.
- In the evening, a visit to the Living Room, where hot tea and biscuits will be served.
- Afterward, free Leisure time to walk the corridors and explore the balcony and check all doors n windows.
- Come back in the late evening and have a super Dinner in the Hall.
- Thereafter retire to you Bedroom with fond memories and an assurance of a repeat the next day.

Happy Travels